

# KLAIM RAWAT JALAN

OUTPATIENT CLAIM

HENDRA CHANDRA PERMANA, TN

DOB : 27-Aug-1987

MR No : 00-14-01-18

Nama Asuransi / Perusahaan  
Insurance / Company Name

TRAKINDO UTAMA, PT

No. Polis / Induk Karyawan  
Polis / Employee No.

## INFORMASI MEDIS / MEDICAL INFORMATION

Anamnesa  
Anamnesis

nyeri dada (-) sesak (-), DOE 9-  
HT (+) DM (-), khol(-) CAD (-) stroke (-)  
LAB 19/9/19 = TC 158/ Tg 93/ HDL 43/ LDL 93/ AU 6.6/ GDP 77

Penemuan Klinik  
Clinical Findings

EKG = SR ischaemic anterolateral, inferior (Auto Anamnesis)  
Tekanan Darah : 130 / 90 mmHg  
Tanggal : 25-Oct-2019 09:19  
Jantung : S1S2 N S3- S4- M-  
Dada : rh -/- wh -/-  
Kaki dan Tangan : edema -/- cyanosis -/-

Pemeriksaan Penunjang  
Diagnostic Tests

Tread mil  
Lama exercise = 9' 58"  
HR max = 153x/mnt ( 81%MHR) (11.8 METs)  
TD awal = 130/90  
TD max = 190/110  
Test dihentikan karena = kaki lelah  
Perubahan ST - T = (-)  
Keluhan = Nyeri dada - , sesak - , kelelahan umum  
KESIMPULAN =  
- ischaemic response (-)  
-Fitness class = average  
- HT response (+)  
  
ECHO  
Concentric LVH  
Normal LV systolic and diastolic function with normal regional wall motion (EF 84 %)  
Normal valves, low probability of PH  
Normal RV contractility (TAPSE 2.26 cm)

Diagnosis  
Diagnosis

I11.9 - Hypertensive heart disease without (congestive) heart failure  
I10 - Essential (primary) hypertension

Tindakan  
Procedure

89.41 - Cardiovascular stress test using treadmill  
37.28 - Intracardiac echocardiography  
89.07 - Consultation, described as comprehensive

Terapi <i>Therapy</i>	TENSIVASK 5MG TAB, Jumlah : 45 1 X SEHARI 5 MG - (1 TABLET) Rute : ORAL, Tanggal : 25-Oct-2019 Pemberian : SESUDAH MAKAN
Anjuran <i>Advice</i>	FIT TO WORK IN REMOTE AREA (dari bidang kardiologi) dengan kontrol dan minum obat hipertensi rutin  Consultation dr. Christiani Muljono, SpJP, 30-Nov-2019 Deskripsi : kontrol evaluasi hipertensi

25-Oct-2019 07:17