

***“BULAN K3 NASIONAL”* EVENT PROPOSAL**  
**PT. TRAKINDO UTAMA**  
**ENGINEERING SERVICES**  
**2023**

Balikpapan, .....January 2023

Dear

Management of PT. Trakindo Utama – Engineering Services

**Purposes : Kind of implementation “Bulan K3 Nasional 2023” Agenda**

**Attachment : 2**

Dear Sir,

In order to commemorate “*Bulan K3 Nasional*” ( Safety National Month) which held in the January-February period each year, then in order to participate in these national activities we as a P2K3 committee and SHE Dept. PT. Trakindo Utama – Engineering Services submitted a report on plans for several formal activities, social actions and competitions for the company.

The event activities will be carried out with the following scheduled

**1. Participate in Government activities to be nominated to receive a zero accident, P2 HIV AIDS, and P2 COVID awards**

Date : January - February 2023  
Time : 08.00 – 04.00 pm  
Venue : Dinas Ketenagakerjaan dan Transmigrasi  
Agenda : Verification of data / document

**2. Blood Donation**

Date : 27<sup>th</sup> Jan , 2023  
Time : 1.00 pm – 03.00 pm  
Venue : Kariangau

**3. FUN Games**

a. *Ping Pong*  
b. *Chess*  
c. *Mobile legend*  
d. *Gaple*  
e. *karambol*

Date : 02<sup>nd</sup> Feb – 25<sup>th</sup> Feb 2020  
Time : 12 am – 1.00 pm  
Venue : Kariangau

**4. Fishing Competition**

Date : 18<sup>th</sup> Feb 2023  
Time : 08 am – 1.00 pm  
Venue : “Nelayan Berdasi” fish pond

#### **5. Fit Body Challenge**

Date : 02<sup>nd</sup> Feb – 24<sup>th</sup> Feb 2023  
Time : 08.00 am – 04.00 pm  
Venue : Kariangau, KM 13

#### **6. Weekly Quiz**

Date : 02<sup>nd</sup> Feb – 24<sup>th</sup> Feb 2023  
Time : 08.00 am – 04.00 pm  
Venue : Kariangau, KM 13

#### **7. SHE Video Competition**

Date : 02<sup>nd</sup> Feb – 24<sup>th</sup> Feb 2023  
Time : 08.00 am – 04.00 pm  
Venue : Kariangau, KM 13

#### **8. Bakti Sosial**

Date : 10<sup>th</sup> Feb 2023  
Time : 08.00 am – 11.00 pm  
Venue : Kariangau  
Topic : HIV Aids Socialization, sharing and tour around CRC Balikpapan

#### **9. Lato-lato Quiz**

Date : 11<sup>th</sup> March, 2023 (Saturday)  
Time : 11.00 am – 11.20 pm  
Venue : Kebun Raya Bpn (Botanical Garden of Bpn) km. 15

#### **10. ES The Explorer & Closing ceremony**

Date : 11<sup>th</sup> March, 2023 (Saturday)  
Time : 07.30 am – 02.00 pm  
Venue : Kebun Raya Bpn (Botanical Garden of Bpn) km. 15

To realize these agenda, we are hereby submit a Proposal for BK3N (National Safety day) activity with the committees, agenda, detail of events and budget , we hope that this proposal can be approved

#### **Committees of BK3N**

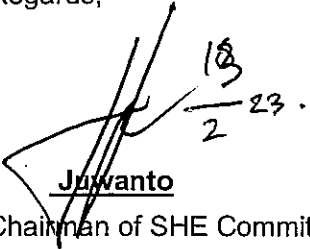
In accordance with the result of the committee meeting previously , the committee was formed to implement a series of BK3N activity as follow:


- ❖ **Chairman of SHE Committee** : **Juwanto (Manager CRC Production)**
- ❖ **SHE Departement** : **Wardono Aristo N (QSHE Manager)**
- ❖ **Chairman of BK3N Committee** : **Muhammad Wahyudi (Supervisor Rebuild Component)**

Closing

Thus we made this proposal, with the hope that if it were approved by the management of CRC Balikpapan, thank you for your attention

Regards,

  
Juwanto  
Chairman of SHE Committee

  
Wardono Aristo N  
SHE Departement

  
Muhammad Wahyudi  
Chairman of BK3N Committe

Approved by,

  
Wahyudi Hendro P  
Manager Finance & Accounting

  
John Mortimer  
Engineering Services Technical Manager

## **Attachment**

### **BK3N Committes**

Chairman : Muhammad Wahyudi  
Vice Chairman : Inge Ayu Wardani Sakinah  
"Bendahara" : Kevin Senduk  
Event division :

1. Achmad Syarwani (Coordinator)
2. Bachtiar Rifai
3. M. Diva R
4. Arif Budiman
5. M Arham Dicky
6. M Nurrofiudin
7. Ridho Rachmani
8. Achmad Ichsan
9. Jonly
10. Rima Silaban
11. Rizky W (TUE)
12. Rakha (TUE)
13. M Rezky F
14. Rikson
15. Rizal Ibrahim
16. Priyo S

Documentation and Equipment :

1. Arif Munandar (Coordinator)
2. Romadhoni Prasetio Pamungkas
3. Riki Meisa K
4. Rama (TUE)
5. Rezha
6. Chokoh
7. Gilang
8. Three Haryanto

Consumption Devison :

1. Anggita (Coordinator)
2. Novi

3. Imelda Lumembang
4. Nita Susanti
5. Vidya Ajeng

## Attachment 2

### Cost Breakdown

Description	Qty		Unit price ( Rp )	Total Price ( Rp )
<b>Government Appreciation</b>				
USB Flash disk	6	ea	46,500	279,000
<b>Sub Total</b>			<b>46,500</b>	<b>279,000</b>
<b>Fun Games</b>				
<b>Tenis Meja ( Ping Pong )</b>				
Meja	1	ea	-	-
Bed	4	ea	150,000	-
Ball	12	ea	15,000	180,000
Net	1	ea	-	-
Prize 1st	1	ea	300,000	300,000
Prize 2nd	1	ea	200,000	200,000
<b>Sub Total</b>			<b>665,000</b>	<b>680,000</b>
<b>Catur (Chess)</b>				
Prize 1st	1	ea	250,000	250,000
Prize 2nd	1	ea	200,000	200,000
<b>Sub Total</b>			<b>450,000</b>	<b>450,000</b>
<b>Fit Body challenge</b>				
Prize 1st	1	ea	300,000	300,000
Prize 2nd	1	ea	200,000	200,000
tensimeter	1	ea	250,000	250,000
<b>Sub Total</b>			<b>750,000</b>	<b>750,000</b>
<b>Fishing</b>				
Equipment	1	pkg	2,000,000	2,000,000
Prize 1st	1	ea	200,000	200,000
Prize 2nd	1	ea	150,000	150,000
Jackpot	3	ea	100,000	300,000
<b>Sub Total</b>			<b>2,450,000</b>	<b>2,650,000</b>
Kontribusi Peserta	54	ea	20,000	1,080,000
<b>Sub Total</b>			<b>20,000</b>	<b>1,080,000</b>
<b>Gaple</b>				
Kartu	4	ea	30,000	120,000
Prize 1st	1	ea	200,000	200,000
Prize 2nd	1	ea	100,000	100,000
<b>Sub Total</b>			<b>330,000</b>	<b>420,000</b>
<b>Mobile Legend</b>				
Prize 1st	1	ea	500,000	500,000

Prize 2nd	1	ea	350,000	350,000
<b>Sub Total</b>			<b>850,000</b>	<b>850,000</b>
<b>Housekeeping Contest</b>				
Pin	25	ea	50,000	1,250,000
SHE AP appreciation	4	ea	100,000	400,000
Thropy	2	ea	100,000	200,000
<b>Sub Total</b>			<b>250,000</b>	<b>1,850,000</b>
<b>Weekly Quiz</b>				
Prize 1st	1	ea	200,000	200,000
Prize 2nd	1	ea	150,000	150,000
<b>Sub Total</b>			<b>350,000</b>	<b>350,000</b>
<b>Bakti Sosial</b>				
✓ Spanduk	1	ea	150,000	150,000
✓ snack box	70	ea	20,000	1,400,000
goodie bag	55	ea	10,000	550,000
✓ Mineral water	3	pkg	45,000	135,000
✓ note book	55	ea	15,000	825,000
✓ Bus	1	ea	500,000	500,000
souvenir	6	ea	200,000	1,200,000
<b>Sub Total</b>			<b>940,000</b>	<b>4,760,000</b>
<b>Karambol</b>				
Ball	2	pkg	50,000	100,000
Prize 1st	1	ea	200,000	200,000
Prize 2nd	1	ea	150,000	150,000
<b>Sub Total</b>			<b>350,000</b>	<b>450,000</b>
<b>SHE Video Competition</b>				
Prize 1st	1	ea	300,000	300,000
Prize 2nd	1	ea	200,000	200,000
<b>Sub Total</b>			<b>500,000</b>	<b>500,000</b>
<b>Total</b>				<b>13,989,000</b>
<b>Closing Ceremony</b>				
<b>ES The Explorer ( teams # min 7 people)</b>				
Prize 1st	1	ea	500,000	500,000
Prize 2nd	1	ea	450,000	450,000
Prize 3rd	1	ea	350,000	350,000
Coklat koin	4	ea	25,000	100,000
<b>Sub Total</b>			<b>1,325,000</b>	<b>1,400,000</b>
Doorprize	40	ea	75,000	3,000,000
Doorprize (smart watch)	2	ea	200,000	400,000
Doorprize (helm)	2	ea	150,000	300,000
Grand prize	1	ea	750,000	750,000
Grand prize (1)	1	ea	1,500,000	1,500,000
<b>Sub Total</b>			<b>2,675,000</b>	<b>5,950,000</b>



<b>Lato-Lato Quiz</b>				
Prize 1st	1	ea	200,000	<b>200,000</b>
Prize 2nd	1	ea	150,000	<b>150,000</b>
<b>Sub Total</b>			350,000	<b>350,000</b>
<b>Aerobic</b>				
Instructor	2	ea	-	-
<b>Sub Total</b>			-	-
<b>TOTAL</b>				<b>7,700,000</b>

<b>Other Expense</b>				
✓ Spanduk	1	ea	300,000	300,000
Souvenir	250	ea	73,000	18,250,000
✓ Meal *	250	ea	30,000	7,500,000
✓ Snack *	250	pkg	20,000	5,000,000
✓ Mineral water *	25	pkg	40,000	1,000,000
Venue	1	ls	4,500,000	4,500,000
Sound system	1	pkg	2,000,000	2,000,000
supporting kegiatan BPN branch, KM13				7,000,000
<b>Sub Total</b>				<b>45,550,000</b>
<b>TOTAL (for closing ceremony)</b>				<b>53,250,000</b>
<b>Budget Allocation</b>				<b>67,239,000</b>

7.